

Emotional Council of Junior Year

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Short Description:	<p>Based loosely on Disney's <i>Inside Out</i>, this committee explores the competing priorities of different emotions felt by 'The Host' as she enters junior year.</p> <p>This committee is tailored to beginners and just requires some knowledge about the idea behind the committee and basic parliamentary procedure.</p>

Long Description:

Background — This committee is designed as an introduction to Model UN. Delegates do not need to research or have any prior knowledge, save for a brief understanding of the concept behind *Inside Out* and Model UN parliamentary procedure. A committee facilitator/chair may need to give an explanation that they are a council of emotions inside the brain of a high school student 'The Host.' The actions the committee takes via resolutions will be carried out by the host.

Running the Committee — Encourage students to get 'in character' and infer positions that their emotion would believe. Facilitators/chairs should give out characters who will disagree in order to create a room where there is some diversity of opinion and debate. Students should be handed the topics page and their character. Through the committee process, delegates should construct arguments on these topics from the perspective of their emotion and form blocs (groups) of emotions with similar ideas to construct resolutions. When multiple competing resolutions have been developed, they should be brought to a vote to decide what The Host does.

Suggested Assignment Order —

Joy, Sadness, Anger, Anxiety, Embarrassment, Pride, Curiosity, Fear, Boredom, Disgust, Hope.

TOPICS

Introduction

We are the Emotional Council of “the Host”, a high school student with a lively city of emotions in her brain. Debate on the council has been abuzz ever since The Host started her Junior year at Generic High School. From the fiasco with the lost hamster to the excitement of the softball homerun, things have never been crazier. Today we are gathered to discuss two time-sensitive issues that have brought a big split to the Emotional Council.

Topic A: *“Should the Host ask Justin Coolkid to the Homecoming dance?”*

Topic Background:

The Emotional Council has called an emergency meeting to discuss, perhaps, the most important issue ever: whether to finally ask Justin Coolkid, objectively the most effortlessly cool person in school, to the upcoming Homecoming dance. Rumors swirl that Justin might already have a date — or he might be waiting for *us* to make a move. The Host’s heart rate spikes whenever Justin walks by, but the potential for embarrassment, heartbreak, or social disaster looms large. The Council must determine whether the Host should take the plunge, play it safe, or devise an alternative strategy before the opportunity passes.

Topic B: *“Should The Host forgive Stacy Fakename for copying our outfit?”*

Topic Background:

Crisis has struck the Host’s social world. Last weekend, Stacy Fakename — a supposed *friend* — went to the mall, and bought the *exact* outfit we wore on Tuesday only to wear it to school the *v e r y n e x t d a y*. Now the Host feels betrayed, humiliated, and unsure whether this was an innocent coincidence or a calculated act of fashion sabotage. The Host is torn between taking this public with a dramatic statement in the group chat or talking with Stacy one on one to learn more about what happened and practice forgiveness. The Council must decide: how should the Host respond to this fashion crime?

CHARACTERS

Joy

Background: Joy is the eternal optimist of the Emotional Council. She believes that every challenge is secretly an opportunity for happiness and that good vibes can fix almost anything. Her priorities are keeping morale high, finding silver linings, and steering the Host toward confidence and fun. She dislikes negativity and sees overthinking as the enemy.

Topic A: Joy is thrilled about the idea of asking Justin Coolkid to the dance — she sees it as a bold, exciting step toward happiness and self-expression. She believes that even if it goes awkwardly, it'll make a great memory.

Topic B: Joy thinks the Stacy situation isn't worth ruining the friendship over. Wearing matching outfits is just a sign of shared great taste — why not laugh about it and move on?



Anger

Background: Anger is loud, passionate, and always ready to defend the Host's dignity. He believes in fairness, respect, and decisive, immediate action. His temper can flare quickly, but underneath it, he genuinely wants to protect the Host. Anger's priorities are justice, pride, and making sure everyone knows when a line's been crossed.

Topic A: Anger is skeptical about asking Justin Coolkid to the dance — not because he's afraid, but because rejection would be *insulting*. If Justin hesitates or laughs, he's dead to us.

Topic B: Anger sees Stacy's outfit stunt as a personal attack and a declaration of war. He demands retribution, possibly involving a savage social media comment or one-upping her outfit tomorrow.



Sadness

Background: Sadness is gentle, introspective, and deeply empathetic. He believes that feeling pain is an important part of growing and understanding oneself. His priority is emotional honesty — he'd rather the Host cry it out than pretend everything's fine. He often slows things down, encouraging reflection and authenticity even when others rush ahead.

Topic A: Sadness worries that asking Justin Coolkid to the dance will only end in heartbreak. Still, he believes that even if The Host gets rejected, it's okay — at least we'll have been brave enough to feel something real.

Topic B: Sadness feels hurt by Stacy's betrayal and thinks it's normal to be upset. He wants the Host to process the disappointment, maybe have a good cry, and eventually move toward forgiveness when it feels right, but could be swayed to view this moment more seriously.

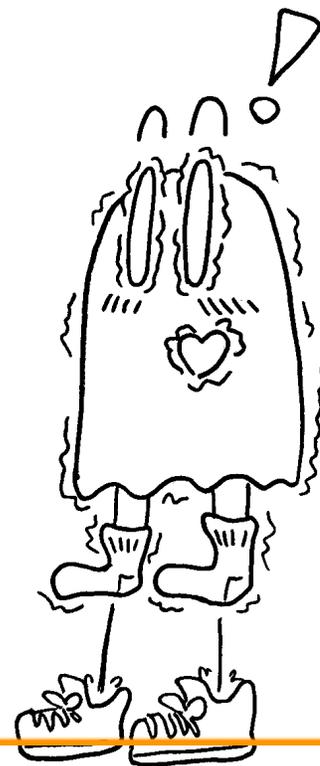


Fear

Background: Fear is hyper-alert and constantly scanning for danger — social, emotional, or physical. Their main priority is keeping the Host safe from embarrassment, rejection, or anything that could cause lasting humiliation. They often imagine worst-case scenarios before anyone else can even enter the conversation. Though anxious, they genuinely want to protect the Host from regret and ridicule.

Topic A: Fear thinks asking Justin Coolkid to the dance is a catastrophic moment waiting to happen. They envision tripping, stuttering, public rejection, and weeks of secondhand embarrassment. This moment is an existential threat to The Host.

Topic B: Fear believes Stacy's outfit copying is part of a larger social trap — what if everyone thinks *we* copied *her*? Their advice: avoid confrontation and quietly retreat until this whole thing blows over... confronting Stacy *cannot* possibly go well.



Pride

Background: Pride carries himself with confidence, poise, and an unshakable belief that the Host deserves respect and admiration. He values reputation, self-assurance, and maintaining a sense of superiority in social circles. His hard line is allowing *no one* to see the Host look weak, desperate, inferior, or even vulnerable. Pride's ultimate goal is to ensure the Host is perceived as admirable and in control at all times.

Topic A: Pride believes that if Justin Coolkid wants to go to the dance, *he should ask us*. Lowering ourselves to ask first would risk our dignity, in a moment that would be too vulnerable for him.

Topic B: Pride is outraged at Stacy's fashion copycat move and refuses to let it slide. He insists that the Host must act unbothered in public — while meticulously plotting a comeback outfit so flawless it reasserts The Host's status.



Envy

Background: Envy is observant, self-conscious, and constantly comparing The Host to others. He wants what everyone else seems to have — attention, admiration, success — and feels uneasy when the Host doesn't measure up. Beneath his jealousy is a longing for validation, belonging, and confidence. His priorities are keeping up appearances and never being outshone.

Topic A: Envy desperately wants the Host to ask Justin Coolkid to the dance before someone else does. He can't stand the idea of watching another person take that spotlight or post the perfect dance photo first. Justin is just too cool.

Topic B: Envy is furious that Stacy "stole" the outfit and the attention that came with it. He's determined to reclaim the upper hand — either by one-upping Stacy's style or subtly making her look like the imitator.

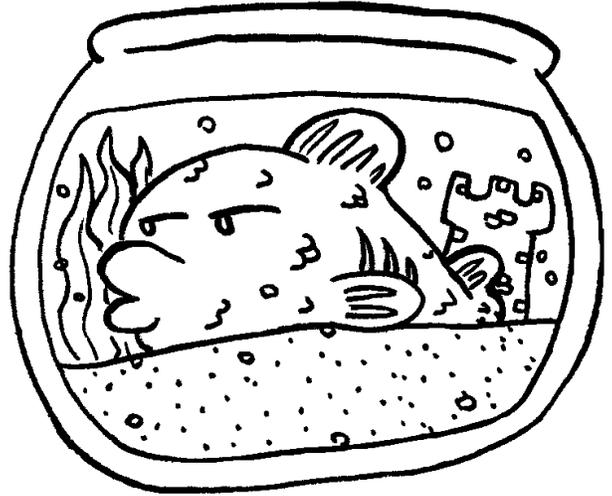


Boredom

Background: Boredom is indifferent, unimpressed, and easily disengaged. She prefers low-stakes, predictable situations and finds drama tedious. Her priorities are avoiding unnecessary effort, minimizing stress, and keeping The Host's life as simple as possible. She can be surprisingly clever in finding shortcuts or ways to sidestep conflict.

Topic A: Boredom thinks asking Justin Coolkid to the dance is overhyped and probably not worth the emotional energy. She might suggest skipping the dance all together or just going with friends.

Topic B: Boredom finds the Stacy outfit drama exhausting and trivial. She'd prefer to ignore the whole thing and move on without confrontation or big emotional reactions.



Embarrassment

Background: Embarrassment is highly sensitive, self-conscious, and constantly worried about what others think. She prioritizes avoiding shame at all costs and tends to overanalyze every social interaction. Her hard line is anything that could lead to public humiliation, and her goal is to keep the Host looking composed, polite, and socially acceptable at all times.

Topic A: Embarrassment is terrified of asking Justin Coolkid to the dance because any misstep — a stumble, a stutter, or rejection — could be mortifying. She would rather stay silent to avoid being the center of awkward attention.

Topic B: Embarrassment is mortified by Stacy wearing the same outfit and fears people will laugh at the Host. She wants a subtle, graceful response that preserves social dignity without drawing attention.



Curiosity

Background: Curiosity is inquisitive, playful, and always eager to explore possibilities. They prioritize learning from every situation and encourage The Host to try new things even if the outcomes are uncertain or risky. Their hard line is avoiding missed opportunities; they hate stagnation and being stuck with unanswered questions.

Topic A: Curiosity thinks asking Justin Coolkid to the dance would be a fascinating experiment. Regardless of the outcome, it will provide insight, experience, and stories to remember.

Topic B: Curiosity sees Stacy's outfit duplication as an opportunity to study social dynamics — maybe there is a lesson in style, timing, or friendship to be learned rather than a reason to overreact emotionally.



Disgust

Background: Disgust is selective, critical, and quick to judge anything that seems embarrassing, or socially unacceptable, or sometimes just different. He values taste, style, and social status, and he works hard to protect The Host from shame or humiliation. His hard lines are anything that threatens The Host's reputation or comfort, and he often mixes blunt honesty with biting sarcasm.

Topic A: Disgust thinks asking Justin Coolkid to the dance could be mortifying if done incorrectly — it must be executed with charm, poise, and zero awkwardness. He also thinks that it is distasteful that Justin hasn't even asked *us* already.

Topic B: Disgust is appalled by Stacy's outfit copy — it's tacky, unoriginal, and socially cringe. He wants the Host to rise above and make a superior style statement, maintaining class and avoiding any public embarrassment.



Anxiety

Background: Anxiety is constantly on high alert, anticipating problems, and overthinking every possible outcome. He prioritizes caution, preparation, and minimizing risk. Anxiety is focused on imagining the worst-case scenarios. His hard line is any action that might lead to regret or embarrassment, and his goal is to protect the Host from emotional turmoil before it even happens. Adventure is not worth the risk of failure.

Topic A: Anxiety is terrified of asking Justin Coolkid to the dance, imagining all the ways it could go wrong — rejection, awkwardness, or public humiliation. He prefers to delay the decision or find a “safe” alternative.

Topic B: Anxiety worries that Stacy wearing the same outfit will lead to social judgment or ridicule. He wants to carefully plan a subtle response or avoid drawing attention entirely. Maybe The Host should even just stay home ‘sick’ for a few days.



Hope

Background: Hope is optimistic, forward-looking, and focused on positive possibilities. He prioritizes encouraging The Host to take action, believe in positive outcomes, and dream of a brighter future. His hard line is giving up or settling for pessimism; he insists that every challenge holds potential if approached with the right mindset.

Topic A: Hope believes asking Justin Coolkid to the dance could lead to something wonderful. Maybe the host will have a magical night, build renewed confidence, or even make a new friend if it doesn't go perfectly.

Topic B: Hope thinks Stacy's outfit incident is a small setback that can be overcome. He encourages forgiveness and focuses on moving past it to maintain happiness and harmony. Their friendship is stronger than this moment regardless of Stacy's motivations.

